



Randick, Nicole

530-1

Foundations in Mental Health Counseling

Adler Graduate School

03-19-2017 -03-29-2017

What did you find most useful in this class? If you were to ensure that something was to stay in the course, what would it be?

- The content and variety was excellent. I really enjoyed the appraisal tools offered such as finding your theoretical framework, evaluating your wellness. Additionally learning of the helping professions and all the different credentials that includes and the governing bodies. The 2020 vision.
- I appreciated the self assessment in line tools and videos. I liked using voice thread.
- The variety of submission types kept things interesting. All courses should be structured like this.
- The online delivery and discussions on MOODLE.

Comments: Use the space provided in the text area below for your comments.

- This was my first online class, so I struggled some to keep all of the different assignments and deadlines straight. I found Moodle a bit overwhelming but around the middle of the course I seemed to get the hang of it. Online courses are tons more work than in person courses. I found it challenging to meet the constant deadlines and I only work part time. I would think it would be very difficult for those people working full time and taking a 3 cr. online course. Glad I did it and I absolutely felt this class was beneficial, highly recommend it.
- Nicole is a fantastic instructor. The course layout –using VoiceThread, etc. –was wonderful and made the course more interactive and fun.